

shifting dullness

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FINANCIAL AID RESOURCE GUIDE FOR MEDICAL STUDENTS

Over a two-year period, financial aid officers from the 13-Medical-School Consortium compiled the information in this book which lists literally hundreds of different sources from which medical students may obtain scholarships and low-interest loans. In many cases, the student does not have to be a resident of the state where the funds originate. Financial need is not always a criteria, and need is often viewed differently by the various organizations.

**Medical students receiving financial assistance from school funds are reminded that school loans may be reduced by obtaining scholarship awards from external sources.

Two copies of the publication which became available in late May, 1985, and which is probably the most comprehensive collection available anywhere, are available to interested students from 8:30 a.m. to 5:00 p.m. Mondays-Fridays in the Office of Financial Aid, 126 Davison Bldg.

NFW FINANCIAL RESOURCE

Pocahontas medical scholarship, \$500/year to eligible, financially needy American Indians. Applications are available in the Office of Financial Aid, 126 Davison Bldg.

PREPARATION BOOKLETS

For National Boards Part I preparation booklets write or call:

Dr. Richard Hyde
Dept. of Microbiology
University of Oklahoma Health Sciences Center
P.O. Box 26901
Oklahoma City, Oklahoma 73190
405-271-2133

ATTENTION ALL MEDICAL STUDENTS

The videocassette, COPING: STRESS AND THE MEDICAL STUDENT which was given to the Medical Center Library by The American Academy of Family Physicians has arrived and is available for circulation. The Call number for the videocassette is W18 C792 1985.

LIBRARY DECLARED A NONSMOKING AREA

Good news-As you may already know, the library has been declared a nonsmoking area (except for the lounge area downstairs). Mr. Bird, the library director, has stated that "nonsmoking" signs have been ordered for all study areas. In the meantime, we are encouraged to inform smokers in the library about the policy. Nonsmoking will not be enforced in the carrells, and Mr. Bird would appreciate feedback concerning this aspect of the policy. Thanks for your interest and concern--Kristina Hoffman.

MEDICAL EDUCATION OPPORTUNITIES

Residency in Rehabilitative Medicine:

A Residency in Rehabilitative Medicine is being offered at the Medical College of Ohio. If you are interested in further information see Dr. Shirley Osterhout.

MAP International Health Program:

The Office of Medical Education has just received the 1986 information on the MAP International Health Program. It can be found in the Special Opportunities notebook in this office.

To Students Considering Study Away Electives During 1985-86:

This is a reminder to all students, that if you are interested in doing a study away program, you must submit a completed application to the office of Dr. Shirley Osterhout at least two months in advance of your starting the elective. Because of the large number of students that are applying to the Study Away Committee, we will not be able to honor any requests for study away if this is not done. If you are thinking of a study away program, please make arrangements to discuss this with Dr. Osterhout at your earliest convenience.

Davison Scholarship:

Students who are interested in doing a study away program out of the continental United States for a period of 8 weeks, to work in an area of clinical primary care interest and not specialization should consider applying for the Davison Scholarship. Applications for 1986 can be obtained in the office of Dr. Shirley Osterhout. Deadline for completed applications is February 15, 1986. For further information, please see Dr. Osterhout.

Alumni Host Books are Located in the House Staff Office:

These books list alums (by geographic area) who are willing to house and host student visitors to their area. The House Staff office knows it is for student use as well as for house officer use and will be happy to let you use it. Now may be a good time to officially announce the Medical Alumni Candy Jar in 120 Davison, Please come in and help yourself, compliments of the Medical Alumni Association. Don't Forget the Davison Tennis Tournament. SmithKline Beckman Medical Perspectives Fellowship Program:

The SmithKline Beckman Medical Perspectives Fellowship Program offers medical students the opportunity to develop and carry out an original learning experience within the course of their medical education. This program is available through the National Fund for Medical Education. Its purpose is to provide students with experience they would not ordinarily encounter in the course of their medical education. We have had several successful applicants in the past and would encourage students who would like to spend some time during their third or fourth years pursuing an interesting basic science or clinical science approach to medicine, to make an application. Projects must begin within the time period of June 1, 1986 - September 30, 1987. Further information can be found in the "Opportunities for Medical Student Book" in the Office of Medical Education.

ESSAY AWARD OPPORTUNITIES

The Alpha Omega Alpha Student Essay Award:

The purpose of this award is to stimulate medical students to address general topics in medicine and to enable Alpha Omega Alpha Honor Medical Society to recognize excellent and thoughtful student presentations in a tangible way. Essays must be written by students while they are in medical school; authors do not have to be members of AOA.

The author of the winning essay will receive a prize consisting of:

- a) An all-expense-paid trip to a national medical meeting of his or her choice in the continental United States; and
- b) A \$500 honorarium.

The topic of the essay may be any nontechnical aspect of medicine, including, for example, medical education; medical ethics; philosophy as related to medicine; reflections on illness, science, and the culture; and the history of medicine. The manuscript should not exceed fifteen double-spaced typewritten pages, should include no more than 20 bibliographic references, and must represent original work. The paper must not have been offered to nor published in any other journal and must be submitted to THE PHAROS, which has the right of first refusal.

The deadline for receipt of essays in this year's competition will be January 31, 1986. A committee of the editorial board of THE PHAROS will review the submitted essays and will select the winning paper.

The Peter B. Samuels Essay Award:

The Society for Clinical Vascular Surgery announces its annual Peter B. Samuels Essay Award for Original Papers on a subject related to Vascular Surgery. The essayists must be Medical Students enrolled in a Medical School in the United States or Canada.

The award is \$500.00 plus transportation and accommodations for the winning essayist to the Society's Annual Meeting in Orlando, Florida, April 9-13, 1986.

- RULES:
1. The work should not have been previously published and should be the work of the medical student submitting the paper.
 2. The essay may be based on experimental or clinical observations or it may be analytical based on analysis and review of previously published data on the anatomy, physiology, pathology, biochemistry, or genetics of the vascular system and its diseases.
 3. Deadline for submission of papers is January 15, 1986.

COUNSELING AND PSYCHOLOGICAL SERVICE COURSES FOR FALL 1985 (Courses listed p. 4 also)

Learn More About Yourself and Others:

Are relationships with other people an important aspect of your life, yet you would like to increase the satisfaction you derive from being with others? Would you like to learn how to be more effective in how you communicate and relate to others? What about the opportunity to get more information about how you affect others?

"MANAGING TEST ANXIETY" Seminar:

If your ability to study for and take tests and exams is hampered by being too anxious, try this seminar and learn some practical ways to achieve greater mastery.

Attention Women Headed for Professional Fields:

When high wire tension makes for difficult balance are you prone to excesses, or perhaps you favor dalliance? Maybe the wire is too crowded with "significant others" and a solitary walk would be more to your druthers. When anxiety is high and your support meter reads "low" as a female professional/graduate student, where can you go?

Discussing: Sex Role Conflicts	Having time for Social Life
Stress Management	Self-Confidence
Striving for Perfection	Perspectives on the Personal and Professional-a Balanced Life

Eating Can be a Problem:

So Some eating patterns are easy to develop and difficult to stop--and unfortunately can be detrimental to one's health and self-image. The BINGE-PURGE (BULIMIA) GROUP is a CONFIDENTIAL support group which will address these kinds of concerns and help students support one another in gaining greater understanding of themselves.

The Bulimia Group is for women who use vomiting, laxatives, and/or diuretics to control weight. The group is designed to provide SUPPORT and UNDERSTANDING and to help participants move in the direction of CHANGE and CONTROL.

If interested in getting more information or signing up for any of these courses call 684-5100 or come by COUNSELING AND PSYCHOLOGICAL SERVICES, 214 Old Chemistry Building.

COMBINED CLINICAL-RESEARCH RESIDENCY PROGRAM OFFERED AT YALE

The Department of Internal Medicine of the Yale University School of Medicine announces the continuation of a combined clinical-research residency program known as the

Research in Residency at Yale-New Haven
Hospital and the Department of Internal
Medicine of Yale University

The program is four years in duration during which time the candidates will spend two years in clinical training and two years in research. The program is offered particularly to graduates of M.D.-Ph.D. training programs, but is open to M.D. graduates with previous in-depth research experience. In the first year of the program each candidate is expected to spend the entire year in clinical training. After the first year, either 4 or 6 month blocks of clinical training can be interspersed with laboratory research. Alternatively, a candidate may choose to pursue research training as a two year block after completion of two years of clinical training. The exact program will be organized differently for each candidate. Candidates completing this program will be Board eligible in Internal Medicine. Arrangements can be made for an additional year of clinical subspecialty training if so desired.

The program will operate within the Department of Medicine with research opportunities in practically any field of biomedical research in the Department of Medicine, or any suitable preclinical department. Of key importance is the geographic unity of the basic and clinical research facilities of the Yale University School of Medicine. Because of the unity, it is possible to work in any number of laboratories in the departments of Cell Biology, Molecular Biochemistry and Biophysics, Immunology, Physiology and Pharmacology, as well as, or instead of, laboratories in the subspecialty sections of the Department of Medicine.

For the 1986 academic year, two candidates will be selected for this program. See Opportunities Book for details.