

# Socioeconomic Disparities in Postoperative Outcomes of Osteocutaneous Fibula Free Flaps for Head and Neck Reconstruction



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Insurance Type

Private

45%

**Number of Patients** 

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Medicare

31%

#### Introduction

- Osteocutaneous fibula free flaps (FFFs) are a fundamental component of head and neck reconstruction, particularly following traumatic injuries or oncologic resections.
- Socioeconomic factors contribute to disparities in HNC pathogenesis and post-reconstruction outcomes.
- Limited data on socioeconomic risk factors for complications after FFF reconstruction.

## Objective

complications

 To investigate the influence of socioeconomic variables, focusing on median household income (MHI), on the incidence of postoperative complications in FFF reconstruction for HNC.

#### Study Design **Data Collection** Single-center, Demographics retrospective MHI cohort study Neoadjuvant • 2016-2022 radiation HNC patients TNM staging with FFF Comorbidities reconstruction • 30-, 90-,180-day postoperative

## Independent Variables **Primary Outcomes** Incidence of 30-, 90-, and **180-day** postoperative complications

- Readmission
- Unplanned reoperation
- Flap takeback

### Statistical Analysis

Sex

Race

MHI

- Male: **54 (62.0%**)

3.5% Asian

\$96,000)

– Female: 33 (37.9%)

Mean (SD) age: 56.1(17) years

81.4% Non-Hispanic White

12.7% Non-Hispanic Black

2.3% Hispanic/Latinx

- **\$71,000** (IQR: \$56,000-

Figure 1. Patient Demographics.

- x2 tests and Fisher's exact and Wilcoxon rank sum tests
- Multivariate logistic regression (controlling for comorbidities)

# Race/Ethnicity Median household income (MHI)

- Neoadjuvant/adjuvant radiation
- Patient comorbidities
- TNM Clinical Stage

#### Results

Medicaid

Self-payer

Table 1. Tumor Stage Distribution Across MHI Categories

MHI Category	Early	Intermediate	Late	Unreported
<\$55,000	1 (1.4)	3 (4.3)	6 (8.6)	3 (4.3)
\$55,000- \$100,000	4 (5.7)	11 (15.7)	24 (34.3)	8 (11.4)
\$100,000- \$150,000	_	1 (1.4)	5 (7.1)	2 (2.9)
>\$150,000	_	1 (1.4)	1 (1.4)	

Stages categorized as early (I–II), intermediate (III), and late (IVA–IVB). Percentages based on the total number of patients with HNC (N = 70). Frequency data are shown in n (%).

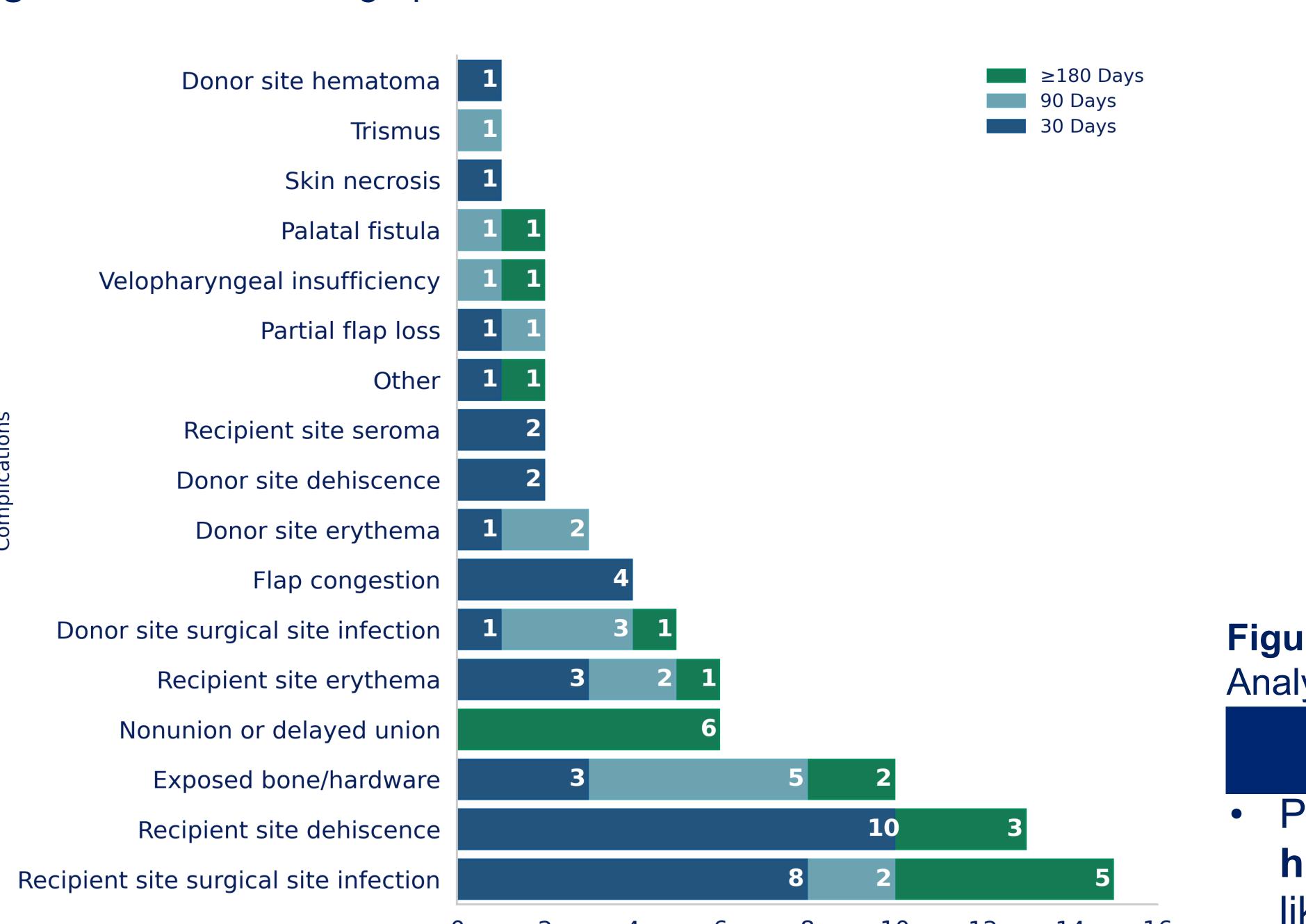


Figure 2. Incidence of surgical complications and number of patients by postoperative periods.

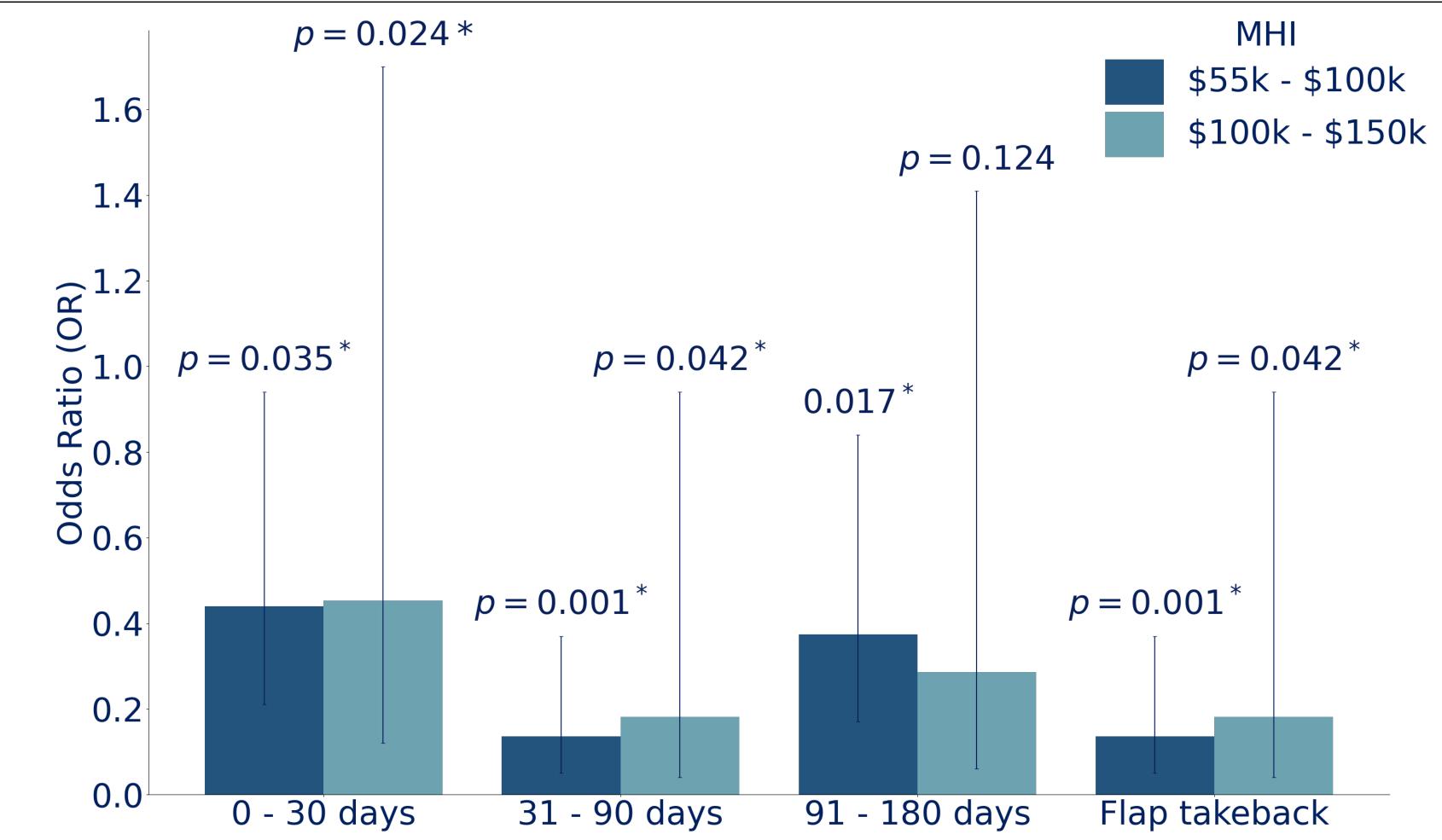


Figure 3. Effect of MHI on Postoperative Outcomes With Logistic Regression Analysis Controlling for Comorbidities. Reference category: income < \$55,000

#### Conclusion

- Patients in the lower MHI bracket (<\$55,000) faced significantly higher odds of wound dehiscence and SSIs, as well as a greater likelihood of requiring flap takeback.
- MHI is a significant determinant and potentially a more influential factor than neoadjuvant radiation in predicting postoperative complications following FFF reconstruction.