

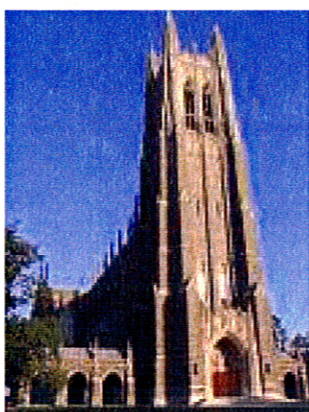


DukeMedicine

Duke Medicine and Pediatrics

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Reflections from Recent Graduates



This issue of the Duke Med-Peds Newsletter features a historical perspective on the residency program and focuses on our graduates.

The class of 2009 graduated from residency over one year ago. Here are some of their updates on what they are doing and how each one looks back on their time at Duke.

Jon Bae, MD, came back to Duke for residency training after leaving Duke for his undergraduate studies to attend VCU for medical school. He just completed working for the past year as a hospitalist on general medicine and has started as one of the Duke Medicine Chief Residents in July 2010.

Jon reflects that "training at Duke allows you to have autonomy early on in a setting where you have all the help you could want in the form of amazing mentors and fellow housestaff and unparalleled clinical resources. With such a diverse patient population and the freedom to practice

in this environment, you become very adept at handling whatever comes your way, making it very easy to take the next step after residency." He feels that the best thing about residency training was his fellow residents, and encourages current housestaff to enjoy residency while it lasts. His words of wisdom... "It's never too early to start studying for Boards." And you can't finish a conversation with Jon without hearing the chant "GO BLUE DEVILS!"

Greg Barker, MD, brought a different perspective to Duke. He attended Vanderbilt for college and UT Southwestern for medical school. Greg has spent the past year working in San Jeronimo, Peru as a medical missionary, and returned to the U.S. in July to start his Pediatric Cardiology Fellowship at UT Southwestern in Dallas.

Greg feels that Duke prepared



Erin Vanscoyoc, Greg Barker, Eleni Boussios, Aimee Chung, Richard Chung, and Jon Bae

him well for the work he is currently doing. Though the diseases, available treatments and diagnostics, and ability to pay for diagnostics/treatment are vastly different here than in the United States, one of his main "projects" during his time in Peru is to figure out the best approach to common local diseases given best evidence and taking into account the limited resources. He believes that it was a fun and interesting exercise for which Duke prepared him well.

Greg misses Duke and states

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Greetings from the Section Chief and Program Director

Welcome to our latest edition of the Duke Med-Peds Newsletter. Our program has had a tremendously busy year with many successes and accomplishments. Fall 2009 brought our first ACGME site visit and the result was a successful review with five year accreditation and commendations. Our recruitment efforts yielded a great Match this past Spring with the recent arrival of six new interns. Days ago we said good-bye to another fantastic class of senior Med-Peds residents. Graduates and current residents have received local and national attention with scholarly achievements. Congratulations to all!

~Sue



The History of Duke Med-Peds Residency Program

The Duke combined internal medicine and pediatrics residency training program was started in 1986. The creation of our Med-Peds program was led by Dr. Ralph Corey, the Internal Medicine categorical program director at that time. Dr. Corey and the Pediatric residency program director, Dr. Laura Gutman, followed by Dr. Thomas Kinney, and the late Dr. Deborah Kredich, were the leaders of our combined program until 2002.

In 2002, the program leadership was transitioned to Thomas Owens and Suzanne Woods. Both Dr. Owens and Dr. Woods were members of the Duke Medicine-Pediatrics residency training program and subsequently became faculty members of both Departments. They were responsible for the program as co-directors until 2004 when Dr. Woods assumed the role as program director and Dr. Owens as associate program director. Jane Trinh then accepted the position of associate program director in 2008. This leadership structure for Med-Peds remains in place to date.

At the Med-Peds residency program's inception, the increasing need for highly trained physicians with abilities in both Internal Medicine and Pediatrics, was recognized, and the leaders at Duke University Medical Center knew they could offer this combined training program in Medicine and Pediatrics. The residency training program has a strong foundation in both the Department of Internal Medicine and the Department of Pediatrics at Duke. The program has participated in the National Residency match program for many years and has enjoyed great success in the recruitment of many outstanding physicians.

Students recruited to our program hail from medical schools across the country in-

cluding Johns Hopkins, Stanford, Harvard, Washington University, Yale University, and the University of Michigan. The program has also been highly successful in recruiting its own Duke medical students to remain at Duke as trainees in our program.

To date, over 90 physicians have graduated from the com-

training in infectious diseases, cardiology, pulmonary and critical care medicine, and emergency medicine. The Duke Med-Peds graduates participate in the examinations for board certification by both the ABIM and the ABP. In the past 5 years, 2004-2009, the pass rate for the combined graduates for both boards is 100%.

Med-Peds residents have been chosen for leadership positions including assistant chief resident and chief resident in both departments. In addition, over one dozen of our graduates have held faculty positions in the Duke Health System in the past several years. Past Internal Medicine Chief Residents include Thomas Owens and Jane Trinh. Jon Bae is one of the new Medicine Chief Residents this year. Past Pediatric Chief Residents include Jeff Moreadith, Betsy Hunt, Anne Marie Valente, Anita Ying, Erika Peterson, Todd Bell, Matt Schwartz, Alyssa Stephany and most recently Aimee Chung. David Ming is a current Peds Chiefs and next year, Kanecia Zimmerman.



Holiday Party 2009

academic positions throughout the United States. Recent graduates have entered community practice, taken academic positions as Generalist Medicine/Pediatrics faculty, joined the CDC EIS program, worked in public health programs, and pursued combined subspecialty

Residency Program Mission Statement

The members of the Duke University Medical Center combined Internal Medicine and Pediatrics residency program are committed to providing respectful, quality care to diverse patient populations while contributing to the future by training leaders in American health care dedicated to evidence-based practice, humanism and advancing the art and science of medicine.

Announcing the Duke Med-Peds Residency Fund to support resident scholarly activities...More details to follow

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New Additions to the Med-Peds Family

Dan, Jenny and Sam Ostrovsky welcomed Kara Dorothy Ostrovsky on November 12, 2009.

Paden Angelo and her husband Mike welcomed Hobbes Robert Angelo on January 13, 2010.

Jennifer Pape and her husband Brian welcomed Tucker Aiden Pape on January 22, 2010.

Jane Trinh and Peter Grossi welcomed Isabella Paige Grossi on March 25, 2010.

Olivia Granillo Johnson and her husband Durrell welcomed Ava Ryleigh Johnson on March 26, 2010.

Kanecia, James and Justice Zimmerman welcomed Jordan Isaiah Zimmerman on July 23, 2010.

2009 Med-Peds Graduates (continued)

that the one tip he would give current trainees is to take advantage of all the learning opportunities (formal lectures or bedside) that are available during residency—they are hard to come by later in life.

Eleni Boussios, MD, MPH, has her roots in NC, starting at UNC for undergraduate studies, then coming to Duke for medical school. Eleni is currently working at Piedmont Health Services Inc. at Moncure Community Health Center in Moncure, NC. She is serving her National Health Service Corps Scholarship commitment.

Though her work is ambulatory based now, Eleni feels that the intensity of training at Duke has provided her with knowledge and skills that she needs. She also recognizes that she developed a solid foundation in the Med-Peds continuity clinic.

The Global Health elective was a rotation that set Duke apart for Eleni when she initially looked at programs. She was able to spend three months in Australia

during her residency, and saw that this opportunity could not have been realized anywhere else. Her piece of advice for trainees? "If you leave, you will miss Duke!"

Aimee Chung, MD, also has her laid her foundation in NC. Aimee attended Duke for college and ECU for medical school. Aimee was one of the Pediatric Chief Residents last year and has stayed on faculty to join the Med-Peds Section in July 2010.

Aimee says that Duke taught her how to multi-task and organize her life—balancing her patients, colleagues, family and personal life. She feels that she is equipped to work as an effective member of a team, taking on a different role as the situation requires.

Aimee's favorite part of Duke was the residents and being a part of the family of Medicine and Pediatrics. Aimee wishes there had been more time to get to know even more people and hear about each person's unique

experiences. She loves Durham, and would choose to train at Duke again if she had a second chance. "No regrets!"

Richard Chung, MD, came to Duke from the Northeast, attending Harvard for his undergraduate studies and then Yale for medical school. Richard finished his first year fellowship in Adolescent and Young Adult Medicine at Boston Children's and is using his med-peds skills constantly!

Richard comments that Med-Peds is perfect preparation for caring for adolescents. Teens present with both pediatric and adult problems and interacting with them effectively requires both the patience and gentleness of a pediatrician as well as the forthrightness and unflappability of a seasoned adult doctor.

Richard recommends that housestaff should enjoy your residency training. Specifically, he states, "Take time from the business to stop and reflect on the privilege of being at a great hospital, among great col-

leagues, under the tutelage of great faculty, and every day being privy to life-changing moments in patients' lives."

Erin Vanscoyoc, MD, completed her undergraduate education at Brown and then traveled south to Duke for medical school. Since graduation, Erin started a Primary Care Research Fellowship at UNC, where she is focusing on quality improvement in community primary care. She commented on how grateful she was to develop a foundation for her project through her Senior (SAR) Talk at Duke.

Looking back at her training, Erin feels that Duke Med-Peds gave her a great foundation in outpatient primary care, and fabulous mentors. Her favorite thing at Duke was her Med-Peds colleagues, and she chose Duke for her residency training because of the strong clinical experience and strong attendings. Erin advises that trainees should "Take some time to reflect on your training. It's a long four years."

Perspectives from the Original Program Leaders

We asked Drs. Ralph Corey, Laura Gutman and Thomas Kinney to provide their perspectives on the origins of the Duke Med-Peds residency program.

From this, Jane Trinh had the opportunity to participate in a lively conversation with Dr. Corey as he reminisced about the Duke Med-Peds program. At the time, only U. of Rochester and UNC had comparable programs. He was skeptical about Med-Peds initially—and didn't think further about the possibility until after a Duke medical student had approached him. However, he subsequently recognized its benefits over a family medicine program—and set out to create a Med-Peds program at Duke that was rigorous in clinical training, provided an opportunity for an extended International Health rotation, offered additional experience in clinical research, and was fun for housestaff. To get started, he and Dr. Laura Gutman visited UNC's program and then modified it to one that would sustain the Duke tradition. From this, the Duke Med-Peds program was created and started with 2 residents in 1986.

When asked about the decision to create a combined Med-Peds program, Dr. Gutman recalls: "We were being challenged by some of our very best residents to create a residency which would allow a physician to cross age limitations. It was a direct response to requests from our own residents. Many had aca-

demic aspirations in particular areas (diabetes, immunological disorders, for example), and saw the frustrations that occur when children age out of pediatric care, or adults have children who can't be accommodated by the parents' medical home."

To engage both departments in the decision, Dr. Gutman states, "Actually, it was easy as long as the two program directors assured the Chairmen that the administrative details would be worked out so as to avoid

they began their Med-Peds Residency. I learned to overlook the fact that they were more accomplished and talented than I was.

The early classes for Med-Peds matched into either Medicine or Pediatrics. They would have made their wish to join the Med-Peds program clear, so the rotation schedule would show that they were switching with their counterpart at the end of the first half of the year. That switch was coordinated between Dr. Corey and myself to be sure that the

dents the prestige, advanced skills, and reputation for excellence that these Duke departments were widely known for and still allowed them to cover the full human age spectrum.

The residents brought skills and attitudes from their sister departments which were appreciated by the regular residents. By the middle of their third year, the Med-Peds residents were super-stars who could deal with almost any clinical situation, and enjoyed their

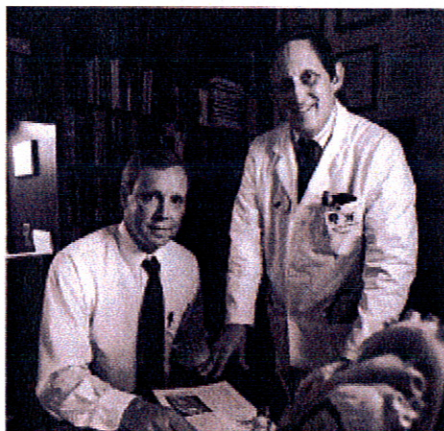
fourth year with the generous elective time to plan their future careers."

Dr. Kinney was also able to provide some insightful comments on the creation of the Duke Med-Peds program. The program leaders recognized the need to prepare medical students who ultimately wanted to care for both adult and pediatric populations in both the primary

care and specialty care arenas.

Because of the strength of the national reputation of the two categorical programs, recruiting the first residency classes was not difficult; Duke was proud to be able to offer the balanced experience for clinical training. Dr. Kinney credits the influence of the U. of Rochester's program, and felt that it was important for Duke's curriculum to incorporate all the required rotations in both medicine and pediatrics.

Thanks to these early leaders for their insight in starting our training program, which is still growing strong >24 years later.



Ralph Corey, M.D. and Thomas Kinney, M.D.



Laura Gutman, M.D.

stressing the regular residents in the two departments. Fortunately, both Dr. Corey and I had similar approaches to medical program issues, in that we both enjoyed counseling residents in career development, and were committed to the futures of our residents. We started very small and found that to be a success, and enlarged to a total of 4. The quality of the early Med-Peds residents was extraordinary. Many already had advanced degrees. We used to joke that we were considering requiring a Nobel Prize as one of the requirements. Several had NIH grants under their belts when

individual resident didn't suffer for the change by loss of vacation time or extra work burdens. We also made sure that they had had key rotations when they needed them. For example, the Peds part would include a Duke nursery rotation before they had to cover the nursery at DRH, where they had less help from senior residents than at Duke.

At that time, there were very few Med-Peds programs in the nation. The establishment of the Med-Peds program solved the issue of providing an in-depth training in both Medicine as well as Pediatrics for residents. So, I would say that we offered resi-

Welcome Duke Med-Peds Class of 2014



Scott, Anna, Jordan, Ben, Rebecca

Jordan Awerbach, MD, MPH, graduated from Tulane Schools of Medicine and Public Health, and did his undergraduate

studies at Boston University. His hometown is Clearwater, FL.

Shailesh Balasubramanian, MD, did his medical school training at University of Maryland, and undergraduate at Cornell. He is from Ellicott City, MD.

Ben Mouser, MD, is from Madisonville, TX. He did his undergraduate studies at Texas A&M and medical school at UT

Southwestern in Dallas.

Rebecca Sadun, MD, PhD, completed both her medical and PhD degrees at University of Southern California, Keck School of Medicine. She attended Brown University and is from San Marino, CA.

Anna Teeter, MD, grew up in Seattle, WA. She moved to the East coast where she graduated from Wesleyan College for un-



Rebecca, Anna, Jordan, Shailesh

dergraduate studies and from Duke for medical school.

Scott Tolan, MD, did his medical school training at UT Houston. He is from San Antonio, TX and completed his undergraduate studies at Westmont College.

Featured Duke Med-Peds Alumnus: Dr. James W. Short

Dr. James Short is a practicing Med-Peds physician in Roxboro, NC. He completed his med-peds training at Duke in 1993, and was one of the earliest members of the residency program. After residency, Dr. Short completed a sports medicine fellowship. Our residency program is fortunate to have Dr. Short participate in the education of our trainees during their Med-Peds ambulatory rotation—when they spend one day a week in Roxboro at his practice.

Dr. Short has fond memories of his training at Duke. He was initially attracted to the Duke Med-Peds program for the opportunity to train at a world-class medical center with the leaders in their medical fields. At the time, the old Duke mentality of “we are the toughest, so we are the best” was in its twilight.

Dr. Short identifies a number of people from different fields he calls mentors. From medicine, Dr. Ralph Corey was the brilliant and tough task-master. Dr.

Greenfield was a no-nonsense chairman who imparted a common sense approach to medicine, Dr. Deb Squire from Pediatrics was regimented in her detail of sports injuries and treatment.

Dr. Mel Berlin showed him the art of providing care to the Duke athletes while seeing patients in the training room daily. From

Surgery, Dr. Howard Filston took him under his wing on the

systems. For the past fifteen years, he has performed screening physical exams for the athletes at Person High School and donated the nominal fee for the exams back to the Athletic Department, helping raise money to support of the school’s athletic programs.

His clinic staff consists of himself, a pediatrician, and 3 nurse practitioners. His



Dr. Jim Short and his staff in Roxboro, NC

Pediatric Surgery rotation and showed him the compassion that was under the rough exterior. Dr. Frank Bassett gave him “pearls to live by” when he was a fellow in sports medicine.

In addition to his thriving private practice in Roxboro, Dr. Short continues his sports medicine skills through the school

wife Joan is his practice manager. Dr. Short repeatedly remarks on how he loves his practice, his patients and the privilege to be a part of a small, rural community in Roxboro.

In his time outside of clinical medicine, Dr. Short enjoys spending time with his family.

He has 4 children from 7th grade to a freshman in college. He also been involved in a medical mission project from St. Luke’s Episcopal Church in Durham. Over the last two years, they have sent teams to San Pedro, Belize, to provide screening care for the students of Holy Cross Anglican Primary School and basic care for the infants and children in the nearby impoverished community of San Mateo. stlukesinbelize.blogspot.com

Dr. Short feels that Duke trained him well, particularly in the care of severely ill patients. His advice to the current residents and prospective residents, is “learn as much as you can about the business of medicine. Duke trains doctors incredibly well as to the care of patients, but it lacks in preparing its world-class physicians for the business of medicine. Strive to be well-rounded scholars and doctors, but also strive to be devoted stewards of your families and medical practices.”

Congratulations!

Aimee Chung received the Golden Apple Teaching Award, an honor given to one resident a year for recognition of the best resident teaching from the medical students from the Duke School of Medicine.

Kanecia Zimmerman was selected to be one of the Pediatric Chief Residents for 2011-2012.

Jon Bae and David Ming are the new Internal Medicine and Pediatric Chief Residents, respectively, for 2010-2011.

Lisa Nguyen and Aimee Chung presented their QI project as a poster at the Association for Pediatric Program Directors Meeting on April 17, 2010 in Chicago. Their poster is titled "Scoliosis Screening in Med-Peds Clinic: Back to Basics."

Jane Trinh and Suzanne Woods presented the Duke Med-Peds QI Curriculum as a poster at the Association for Pediatric Program Directors Meeting on April 17, 2010 in Chicago. Their poster is titled "Incorporation Continuous Quality Improvement in Resident Education."

Suzanne Woods is the leading author in "Defining the Roles of Advisors and Mentors in Postgraduate Medical Education: Faculty Perceptions, Roles, Responsibilities, and Resource Needs" published in Journal of Graduate Medical Education, June 2010 and a related work published in Academic Internal Medicine Insight, 2009, Volume 4.

John (Andy) Livingston (Spring 2010) and Ann Marie Navar-Boggan (Fall 2009) received Appleseed awards from the medical students for excellence in teaching.

Kanecia Zimmerman received the PICU award for "awesome" performance this academic year.

David Ming received the James A. Stockman, III, Award for excellence in teaching.

Jamie Fox accepted the award on behalf of the Pediatrics Emergency Medicine group for best curriculum on the Pediatrics website (we take some credit given he is one of our graduates!).

Joel Boggan is the one of the medicine representatives and Priya Gopwani is one of the pediatrics representatives to ICGME for 2010-2011.

Aimee Chung will be joining the Combined Medicine-Pediatrics Section at Duke and lead the effort to develop a new transitional care program.

Tacy Downing, MP4, matched at the Children's Hospital of Philadelphia for pediatric cardiology, starting July 2011.

Maria Monge, MP4, matched at the Children's Hospital of Boston for adolescent medicine, starting July 2011.

David Ming received the Best Poster Award at Medicine Resident Research Day.

Ann Marie Navar-Boggan published in Journal of Perinatology, "Risk of fever and sepsis evaluations after routine immunizations in the neonatal intensive care unit."

R. Neal Axon published an article in JAMA entitled "US Trends in Prevalence, Awareness, Treatment, and Control of Hypertension, 1988-2008" (JAMA, Volume 303).

Jane Trinh published an article in the JAMA Rational Clinical Examination Series, "Can this patient read and understand written health information?" (JAMA, Volume 304).

Susan Hunt published an editorial in JAMA entitled "Transition from Pediatric to Adult Care for Patients with Sickle Cell Disease" (JAMA, Volume 304).

We want to hear your good news too - from births, to awards and publications. Please email us at woods038@mc.duke.edu or call us at (919) 681-3009. Also, if you know of a Med-Peds alum who is not receiving this Newsletter and would like to be on our mailing list, please let us know!