

No

Alı

No

N

N

N

N

Sir Geoffrey Slaney, president of the Royal Society of Surgeons, London, gave a talk entitled "Medical Ethics" on Saturday, October 22 at the Searle Center. He was introduced to the audience by David C. Sabiston Jr., MD, Chairman of the Dept. of Surgery at Duke.

Using the concept of ethics in the broadest sense, namely not just the inner conflict within the medical community, but also conflict between the medical community and society, Dr. Slaney defined 5 major ethical dilemmas in our present world, especially those relevant to both the US and the UK: litigation, the media, surgical advances, quality control and audit, and political socioeconomic concerns.

Dr. Slaney saw the increase in litigation versus physicians as the exploitation by the legal profession of the view of the physician as an "omnipotent technocrat who knows all the answers," noting that an average of 75% in the US and 85% in the UK of monetary awards go to lawyers. This has the deleterious effect of hampering physicians from providing adequate patient care by making them reluctant to try procedures which are likely to be beneficial to the patient, but which carry a certain risk,

The media also acts to derail good patient care by at times taking great liberty with the truth, and supplying misquoted/incomplete statistics/quotes to prove a certain medical point, often erroneous, to the public. On the other side of the coin, Dr. Slaney expressed disapproval of the practice, relatively common in the UK, by physicians to advertise their services in the media.

Dr. Slaney questioned whether new surgical procedures should be regulated in any way from outside the medical community, preferring instead that physicians with the proper training act responsibly and appropriately in trying out new techniques. He furthermore stressed that "quality of life" is more important than "quantity of life," and hence there has to be a point at which medical and surgical intervention should be terminated to allow "demise with dignity."

Under the topic of "quality control and audit," Dr. Slaney warned against unwarranted optimism by many in the medical profession, acting too hastily (and inappropriately) in requesting emergency operations, and exercising poor judgment, possibly leading to the death of the patient.

But Dr. Slaney considered political socioeconomic questions to be today's major ethical issue. For example, "who manages who?" Frequently, those who want to manage or regulate the medical profession are not well-informed as to what clinical practice is all about, preferring to treat it as a corporate enterprise where the most can be obtained with the least expense, rather than thinking of it in terms of what is best for the patient. This leads to the problem of "who pays?" for medical expenses, but Dr. Slaney noted that the US leads the western world in % of \$ from the public and private sectors combined spent on medical care, and is fairly successful compared to the UK, which tends to be at the bottom of the spenders.

Dr. Slaney ended his talk by summarizing his main point that the central ethos of medicine is to "do the best we can for each individual patient," and hence decisions and actions should be made guided by this principle.

A comments period followed, moderated by Doyle Graham, MD, PhD, Dean of Medical Education, which included contributions from Harmon Smith Jr., PhD, Professor of the Divinity School and of the Dept. of Community and Family Medicine; Andrew Puckett Jr., PhD, Associate Dean, Medical Education; and the audience. Dr. Smith reinforced the idea that despite medical advances, caring, not curing, remains the main goal of medicine. But he also noted an increasing adversarial relationship between doctors and their patients, something which despite the problem of litigation was not found by Dr. Slaney to be an issue in the UK. Dr. Smith concluded by noting that resurrective and reproductive technologies are posing ethical dilemmas which have yet to be adequately addressed.

Dr. Puckett focused on the issue of how ethics should be taught in medical school, noting that such learning occurs best not in the classroom but in the clinical setting where actual ethical questions arise and are dealt with by health care professionals, especially those who tend to be open-minded and good listeners, who see the human dimension of medicine, and who opt for the comprehensive approach to medical care. But Dr. Puckett noted lack of funding, course overload, rote learning methods and lack of role models to be stumbling blocks to such ethics programs.

### **Duke Events**

#### Rowena Dolor

Nov. 2 - Fireside chat with President Brodie - 4 pm, Alumni Lounge (Old Union Bldg. West Campus).

- Broadway at Duke: "Nunsense" - 8:15 pm Page Auditorium.

Nov. 4 - Speaker: William Sloane Coffin - 4 pm York Chapel.

Nov. 5 - FREE MS Party at Metrosport - 9pm.

Nov. 10 - Broadway at Duke: "Little Shop of Horrors" - 8 pm Page Auditorium.

Nov. 11 - GPSC Happy Hour at the Hideaway - 5pm.

Nov. 15 - Concert: Wyndham Hill - 8 pm Page Auditorium.

Nov. 29 - Tree lighting ceremony - 5 pm West Campus.

## MS II Party

Classes will be over but of course you won't go rushing home...You'll be at the MS II Holiday Class Party on Dec. 14th. Time and place TBA.

### Ethics, from page 2

From the audience, someone brought up the disturbing trend of the patient as a consumer requesting a service (ie. a cure). Aside from leading to greater litigation, in this light many families of patients request that "everything possible" be done by physicians to save a patient for whom there is no hope, resulting in a great and often unwarranted - expenditure of resources that could otherwise be allocated to help others. Dr. Slaney agreed, and again urged physicians to always act "in the best interests of the patient," realising that more harm than good can befall the patient if the physician denies the reality that nothing more can be done for him, and insists on more and more procedures.

ANNOUNCEMENTS for the next issue of Shifting Dullness: submit requests/offers for rides during vacation, and requests/offers for used medical textbooks. Space is limited, so keep 'em short. Include name and phone #. We reserve the right to edit for length!

### **Duke Exhibits**

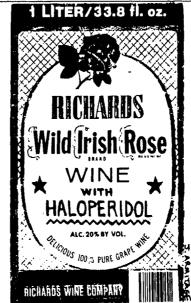
On exhibit in the Mars Display case of Duke Hospital North from Oct. 31 - Nov. 14 is the National Radiological Technology Week display.

In the lobby display case of Duke South through Nov. 7 is the DUMC Pastoral Care Dept. display.

In the Rauch Display Case of the Morris Bldg. (Duke Hospital South) through Nov. 30 is tole work (ornamental paintings on any surface) by the Heart of Carolina Tolers.

### AIDS PANEL

On November 9th at 7 pm a program entitled "Balancing the Right to Privacy Against the Public's Right to Know," sponsored by DMSLA and GPSC, will be held in the Moot Courtroom located on the 2nd floor of the Duke Law School. Larry Morris of Blue Cross/Blue Shield will be speaking on the impact of AIDS on the insurance industry. Arlene Diosegy will discuss weighing the rights of patients with the rights of health care providers. She will also be discussing the proper procedures for reporting HIV+ patients. Dr. Howard Eisenson, Chairman of the Duke Task Force on AIDS, will be talking about testing on campus and the issues addressed by this organization.

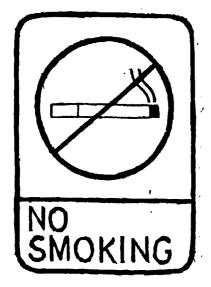


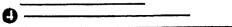
George Bush's solution to the problem of mentally ill street people

# Infectious Exposure Exposé

#### Susan Hazzard

Having had the recent misfortune of receiving an accidental needlestick while disposing of a needle, I was somewhat surprised to discover that many of the hospital's personnel are not aware of the proper procedures to follow upon being exposed to blood or other body fluids. It is extremely important for all individuals who have had a parenteral or mucous membrane exposure to report this incident to the Employee Occupational Health Service at 684-3136. This office will need to know the mode of exposure, and the source patient's name and history number. The patient will then be assessed to determine the likelihood of HIV or HBV infection. Depending on the results of this assessment, standard protocols for the management of either HBV or HIV exposure are utilized for the treatment of the exposed individual. It is very important to report the incident immediately in order to insure that the proper procedures for treatment are effective. All incidents of exposure are kept confidential. If you have been exposed prior to reading this article I would encourage you to contact the Employee Occupational Health Service as soon as possible. If you are exposed during the evenings or on the weekends you will need to report the incident to either the Student Health Clinic (684-6721) or to the Student Infirmary (684-3367).





## **Craft Creativity**

PHOTOGRAPHERS: The following workshops are being offered by The Duke Craft Center. Stop by the West Campus Craft Center located on the lower level of the Bryan Center to register, If you need more information call 684-2532.

 A workshop taught by Todd Cull and Jane Klies on Photographic Lighting. It will be held Saturday, November 19th, 1-4 pm. Tuition is \$15.

• A workshop on Infrared Photography with Merry Moor Winnett, instructor. The workshop will be Saturday, November 12th, 10-4 pm (with lunch break) and the tuition/supply fee is \$26.

• A workshop with Todd Cull on Manipulating The Photographic Image. The workshop will be held Saturday, November 5th, 1-4 pm. Tuition is \$20.

Shifting Dullness accepts letters of opinion from all members of the medical school community which encourage responsible dialogue. Opinions expressed do not necessarily reflect the opinions of the editorial staff. Submit responses and articles to the Shifting Dullness box in the Alumni Affairs office or the Dean's office.



**NEW SIGNS AROUND D.U.M.C.** 

### From

The Dadeveloping stymied by welcome a ask that m before eac

The even Never in to coopera Affairs Of

What parties. The social fundout the well ahear are yours, theme and mailboxes of other different countries. The social fundous of the different countries are direct benefit chupcon.

Metrospo that med with that, with mus

medical a alumni in Saturday entertain this year.

6:30-8:3( a most ei that surge calendar the fine ( Final

Ice skatin

Probably (?); we c

## From The Social Ledger

Eric Bachman

The Davison Council Social Committee is finally developing a repertoire of social events after being stymied by a recent budget impasse. As always, we welcome any newcomers to the social committee, and ask that members attend meetings that begin 15 minutes before each Davison Council meeting.

The event at Dr. Vogel's was, as usual, a success. Never in the history of this outing has the weather failed to cooperate. We salute Dr. Vogel and the Alumni Affairs Office for their kindness.

What we really need are some weekend house parties. The rules are simple to access your Davison social funds: let someone on the social committee know about the party so that we can alert all of the classes well ahead of time, and funds in the range of \$150-200 are yours. We further ask that a flyer with directions, heme and time be made to be distributed to the mailboxes. While we generally like to spend the money of other departments and organizations over our own precious coffer, these parties are what our Davison funds are directed toward. We especially welcome events that benefit charities - any suggestions?

Upcoming events for you and yours......

• Saturday, Nov. 5 - Metrosport party for us! Metrosport has finally come to grips with the reality hat med students need a special sales pitch. In keeping with that, Metrosport will have food and beverage along with music and tours of the facility from 9-?.

- Saturday, Nov. 19 Libation weekend for nedical alumni, staffed by the gifted members of future ulumni in our own ranks. We need bartenders for Saturday morning and help throughout the weekend to intertain these welcome alums on their one weekend off his year.
- Friday, Dec. 9 Surgery Renewal of Systems. i:30-8:30 at the Searle Center. This is the classiest and most enjoyable social event done in the grand style hat surgery is known to promote. Put this one on your alendar and come savor the vintage food and beverage in he fine company of the surgery department.

Finally, we are having thoughts of....

- A party with the business and/or law schools.
   ce skating and Christmas parties are two potential
   vents.
- Valentine's Day Medical Student Semi-Formal. robably at the Durham Hilton or Washington Duke?); we can make this a gala event if the interest is there.

 No parties with drug companies. The idea of tailgates or other social occasions sponsored by the drug people has been peremptorily nuked by powers that be in keeping with maintaining a professional relationship between physicians and companies.

Ideas are welcome as is your assistance. We remain, sincerely yours...

## Health Care Symposium

On Friday, November 11th, at the Omni Europa Hotel in Chapel Hill, the North Carolina Society of Health Care Attorneys will be sponsoring a program entitled "Hospitals and Physicians: A Symposium of Current Legal Issues." Several interesting and informative presentations have been planned and will be followed by a lively panel discussion, focusing on issues confronted by hospitals and physicians as a result of professional review. The cost to medical students is \$15. For registration information call Judith Leonard, Esq., Treasurer, NCSHCA, at the School of Medicine, UNC at Chapel Hill.

### Alumni News

• Nov 17-19 are the dates for Medical Alumni Weekend this year and we welcome you to join us for whatever portions you can. All continuing medical education portions are free of charge. A full listing of these programs is in the Medical Alumni Weekend brochure and can be picked up in the Medical Alumni Office, 144 Davison Building.

The continuing medical education program includes "A Morning to Honor Eugene A. Stead, Jr., MD" on Friday, Nov. 18. On Friday afternoon (2:30 - 5:30 pm), selected alumni will make presentations on a variety of topics. These are listed in the weekend brochure and abstracts will be available at the Searle Center registration desk as of Thursday, Nov. 17.

You might enjoy socializing with the alumni and medical students at the Davison Society/Medical Alumni Affairs libation on Saturday, Nov. 19, beginning at 10:00 am under a tent near Cameron Indoor Stadium. This is free but please sign up in the Medical Alumni Office if you'll be attending. We wouldn't want to run short!

6

 CALLING ALL SINGERS, DANCERS, INSTRUMENTALISTS, POETS, ACTORS, etc. The well-publicized residency of distinguished dancer and choreographer Jacques d'Amboise at Duke this year is going to culminate in a multi-media performance to be given early in March (date to be confirmed). In a recent meeting with a group from the medical center, Mr. d'Amboise said he is particularly interested in getting medical students, faculty and house staff to participate. We assured him that our med students were a gifted and versatile group (he should only have seen the Student Faculty Show!) with a remarkable amount of artistic talent and energy in temporary eclipse due to the rigors of medical education. All the more reason to bring out those talents, says Jacques, and give yourselves some spiritual leafy greens to balance your rich academic/clinical diet. SO: We know you're out there. We know you'd love to play the Sixth Branderburg again, or write a haiku on bugs and drugs, or dust off those entrechats. Think about it: wouldn't it be fun, really, to collaborate with one of the major figures in American dance (also, incidentally, a truly nice guy with a lot of infectious enthusiasm)? Are you going to be around in early March? If the answer is yes or even a wavering maybe, let Florence Nash know, 684-2498, room M123 Dean's Office. She in turn will let you know when the first meeting with Jacques is scheduled likely to be on or around Dec. 1.

• Any students planning rotations away or extramural reasearch projects are requested to get in touch with the Dean's Office if they are leaving behind available housing. We have visiting students coming each section in need of short-term accomodations, for which of course they are prepared to pay. Clearly, there is the potential here for mutually beneficial arrangements, Call Gina Brooks in the Dean's Office at 684-2498.

• Reminder - the Study Away Committee will meet in November to review applications for clinical rotations away from Duke. Please turn your completed application in to Barbara Gentry by Nov. 1 in order to be considered for approval.

• The deadline for Davison Scholarships is Dec. 1.
Applications are available from Barbara Gentry in the Dean's Office.

• International Student Exchange Program - IFMSA (the International Federation of Medical Student Associations) has many opportunities for reciprocal exchange rotations in a number of countries including Austria, Australia, Barbados, Brazil, Egypt, Finland, Ghana, Iceland, Israel, Italy, Kuwait, Mexico, Nigeria, Portugal, Spain, Sudan, Sweden, Switzerland, The Netherlands and others. Applications for rotations during the 1989-90 academic year are due ASAP. Information can be obtained by writing Anna Yonker at the address below. Please let her know what specialty you would like to rotate in, and the country you are interested in visiting. Contact Anna Yonker, AMSA-IFMSA Liason, 2561 University Avenue, Madison, WI 53705, or at (608) 238-6573 or (608) 263-1001.

• 4th Year rotations with the Indian Health Service or Public Health Service are available. Applications for these opportunities should be made soon because there is considerable competition for spots. For further information contact Julie Paranka at 1-967-5443 or at

Box 2833 DUMC.

• International Health Fellowships - AMSA is sending 14 students to medical schools in Africa for rotations lasting from August to March. Students will be placed in fellowships in Ghana or Nigeria. There is a stipend of \$6000. Applications are due 12-12-88 for the 1989-90 year. For more information, contact Julie Culjat at the National Office.

• Minority Mentor Network - AMSA has approved funds to establish a network of physicians to serve as role model/mentors for minority medical students. Any member knowing of a physician in their area who may be interested in serving as a mentor, please send the name and address to Anita Jackson, 809 S. Damen, Apt. 416, Chicago, IL 60612, or call (312) 413-4770.

• Specialty Choices/Meet the Residents - AMSA sponsors informal lunch discussions between medical students and residents in a variety of specialties. This provides students with an opportunity to get the 'inside scoop' on what residency is like: what's good about it, what's bad, how the residents made their specialty choice, etc.

Oct. 31 - Residents from Ob/Gyn and Psych (tentatively). Room 1102 Duke North at 12:15 pm.

Nov. 14 - Residents from Medicine and Pediatrics, Room 1102.

Dec. 7 - Residents from Surgery and Radiology. Room 1103.

continued on page 7

AM

• PAS'.
On pizza a Jones, who ha and tal about t twenty hear th involve If any:
AMA ( project

attend

On Society their 36 first ye commil represe selected Commil N.C. A educate the latter final dr

Dur opportur Speaker encoura themsel which e member parliam meeting proceed resolutionally profer the meeting for the meeting proceed resolution to the meeting process and the process are the the proces

Dr. Involve Brechts run con Linda V tribulati the indi Oth

upcomii first we James Bass

am - IFMSA
udent
ciprocal
s including
, Finland,
co, Nigeria,
id, The
tations during
Information
t the address
you would
terested in
ASA Liason,
705, or at

alth Service dications for cause there urther 5443 or at

4SA is Africa for idents will ia. There is a 12-88 for the ct Julie

as approved o serve as udents. Any a who may send the Damen, Apt. 4770.

- AMSA in medical ilties. This t the 'inside od about it, pecialty

and Psych :15 pm. e and

nd

ntinued on page 7

## **AMA/MSS NEWS**

Susan Hazzard

#### PAST EVENTS:

On September 26th a non-member meeting provided pizza and information straight from the mouth of Chris Jones, the Medical Student Section (MSS) Chairman, who had made a special trip from ECU in order to meet and talk with Duke Students interested in finding out about the AMA and what it has to offer them. About twenty students attended the meeting and were excited to hear the many different ways students can become involved in the AMA on local, state and national levels. If any students are interested in hearing more about the AMA or how they can become involved in the many projects and upcoming events, they are encouraged to attend our next meeting on November 8th (see below).

On the first weekend of October the N.C. Medical Society, the North Carolina branch of the AMA, had their 30th annual Committee Conclave. This marked the first year that students were selected by many of the committees to participate in these meetings as MSS representatives. I was fortunate enough to have been selected to serve on both the Medical Education Committee and the Bioethics Committee. On the former committee I participated in the approval of the new N.C. Accreditation Manual and in addressing the need to educate N.C. physicians about indigent care issues. On the latter committee I participated in the approval of the final draft of the N.C. DNR Policy.

During this weekend the N.C. MSS also had an opportunity to meet. The meeting began with Keynote Speaker Dr. Charles Garrett. He began his talk by encouraging all MSS members to familiarize themselves with 1) the Procedures and Policy Manual which explains how resolutions proposed by student members become policy, 2) Sturgess, the manual of parliamentary procedure and the bible of AMA meetings, and 3) the Constitution and bylaws. He then proceeded to describe in intimate detail the pathway for a resolution via the committee structure. In summary his talk proved to be very enlightening for all students, even for the old pros who have attended many national meetings and seen first-hand how the system works.

Dr. Garrett's talk was followed by "Medical Student Involvement in Indigent Care" presented by Brad Brechtsbauer (UNC), who discussed SHAC, the student run community health clinic affiliated with UNC, and Linda Willis (ECU), who discussed the trials and tribulations of starting up a student run health clinic for the indigent population.

Other items discussed at the meeting included the upcoming National Meeting to be held in Dallas the first weekend in December, the status of the N.C. MSS

Quarterly, the essay contest sponsored by the MSS, approval of the final draft of the resolution to be submitted by the N.C. MSS, and the status of the AMA AIDS education project at each school. I hope to be able to recruit other members to accompany me to the Dallas meeting. It is an experience not to be missed.

#### UPCOMING EVENTS:

November 8th at 7 pm in room M224 (located in the Green zone of Duke South) the Duke MSS will be holding its first meeting of the year. I encourage all members who are interested in becoming involved in the AMA to attend. There are many ways in which you can become involved even if your time is limited.

The 1988 Interim Meeting of the AMA/MSS will be held in conjunction with the AMA House of Delegates Interim Meeting. The meeting will convene on Friday, December 2nd, and adjourn on Sunday, December 4th. Funds will be available for students to help cover the costs of attending this meeting. This is a great opportunity to meet other medical students and become intimately involved with the workings of the organization on a national level.

On December 2nd, the Durham-Orange County Medical Society and the Auxillary will host a gala social event and benefit auction at the Siena Hotel in Chapel Hill. The event will begin at 7 pm and include hors d'oeurvres and music by Fidgety Feet until 11 pm for a cost of \$25 per person.

# AMSA, from page 6

• Literary Magazine??? Many students did a considerable amount of writing before coming to medical school, but probably have not written a lot since. If there is interest, I would like to start a literary magazine of sorts which would publish writing by the medical community (students, faculty, etc.). Topics could range from medicine to life in general. Let me know: Jim Bass, 489-1323, box 2721 DUMC.

#### STAFF

Editors:

Susan Hazzard (688-7347)

Stefano Cazzaniga Holly Lisanby

Events:

Rowena Dolor

Humor:

Eric Bachman John Armitage

67

# Prizes, Prizes, Prizes!

- 1989 Seventh Annual AOA Student Essay Award The topic of the essay may be any nontechnical aspect of medicine, including, for example, medical education; medical ethics; philosophy as related to medicine; reflections on illness, science and the culture; and the history of medicine. Limits of 15 double-spaced typed pages and 20 references. Must be the original work of students, who do not have to be members of Alpha Omega Alpha. The author of the winning essay will receive a prize consisting of a) an all-expense-paid trip to a national medical meeting of his or her choice in the continental US; and b) a \$750 honorarium. Up to 5 additional honorable mention awards of \$500 each may be made. Deadline for submission: Jan. 27, 1989. For all the important details contact any AOA representative.
- William Osler Medal Student Essay Contest for 1989 - The William Osler Medal of the American Association for the History of Medicine is awarded for the best unpublished essay on a medico-historical subject by a med student. Essay may pertain either to the historical development of a contemporary medical problem or to a topic within the health sciences of a discrete past period and should demonstrate either original research or an unusual appreciation and understanding of the problem or situation discussed. It must be entirely the work of one contestant. The maximun length is 10,000 words. The winner will receive \$500 to defray travel expenses to attend the next annual meeting of the AAHM to be held in Birmingham, AL, in April 1989. Deadline for submission is Feb. 15, 1989. Contact Dr. Peter English, box 3420 DUMC for all the important details.
- The Logan Clendening Traveling Fellowships in the History of Medicine the Fellowships are of the value of \$1500 and are open to registered medical students. Applicants may elect to travel anywhere in the world for the purpose of studying any aspect of medical history of interest to them. Applications are invited for two of the Fellowships which are tenable for 3 months during 1989. Details of proposed projects should be submitted on a special form which should be returned not later than March 15, 1989. Contact Robert Hudson, MD, Chairman, Dept. of History of Medicine, The University of Kansas Medical Center, Kansas City; Kansas, 66103.

- The American Osler Society Research Studentship The American Osler Society announces the availability of a studentship stipend for support of eight weeks of research in the broad areas of medical history and medical humanism. The successful applicant may be eligible to present a paper based on his or her findings at the annual meeting of the American Osler Society. The stipend for the coming year will be \$1000, and up to \$500 additional may be made available to support travel to the annual meeting if so invited. A letter of support from a faculty sponsor who will assume responsibility for planning and guidance of the fellowship must accompany the application form, which may be obtained along with further information from Lawrence Longo, Secretary-Treasurer, The American Osler Society, Division of Perinatal Biology, Loma Linda University School of Medicine, Loma Linda, CA 92350. Applications should be received by Feb. 1, 1989.
- The Stephen Wickes Prize in the History of Medicine 1989 sponsored by the Medical History Society of New Jersey. Any currently enrolled undergraduate, graduate or professional student is eligible to submit an original essay on an historical subject in the medical or allied fields, especially those relevant to New Jersey, treating the historical aspects of a current problem or dealing with a specific subject in a defined period of the past. The essay should demonstrate originality and competence in research utilizing primary source materials. Essays should not exceed 7000 words and must be submitted by March 1, 1989 to: Chairman, The Stephen Wickes Prize in the History of Medicine, Medical History Society of New Jersey, 2 Princess Road, Lawrenceville, NJ 08648.
- William Carlos Williams Poetry Writing Competition - The Human Values in Medicine Program at the Northeastern Ohio Universities College of Medicine is sponsoring its seventh annual poetry writing competition for medical students. Each poem must be original, unpublished, and not a winner in any contest at the time of submission. All participating students are permitted 3 entries, each not to exceed 750 words. The top three poets will be awarded \$300, \$200 and \$100 respectively and will be invited to the College of Medicine to read their poetry to audiences. Travel and lodging expenses will be paid by HVMP. Deadline for submission: Dec. 31, 1988. For all the important details contact the Human Values in Medicine Program, Northeastern Ohio Universities College of Medicine, PO box 95, Rootstown, OH 44272. Phone: (216) 325-